HAY FEVER medications



Examples of products available to purchase from local pharmacies and other retail outlets

Antihistamines

Loratadine Cetirizine

from £1.80 for 14 tablets

from £1.80 for 14 tablets

Available from pharmacies and other retail outlets

Steroid Nasal Sprays

Beclometasone

from £4.00

nasal spray

Fluticasone nasal spray

from £5.30

Available in pharmacies. For use in adults >18yrs

Eye Drops

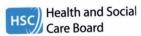
Sodium cromoglicate eye drops

from £4.90

Available from pharmacies and other retail outlets

Talk to your local pharmacist if you need some advice. You don't need an appointment!

If you take care of the little things, your health service can keep taking care of you.



HAY FEVER and other allergies

Items
Recommended
for patient
Self -Care

Medicines to treat hay fever and seasonal allergies are readily available to buy from local pharmacies and other retail outlets.



Have you thought about talking to your pharmacist about hay fever and allergies and buying what you need?

Prescribing readily available medication like antihistamines costs the health service millions every year, adding unnecessary strain to local GPs and the health service. Processing these prescriptions can cost 20 times the price of buying identical medication at your local pharmacy or retail outlet.

Before you speak to a GP, or make a request for a prescription, please talk to your pharmacist and see what's available over the counter.

If you take care of the little things, your health service can keep taking care of you.

