

SYMPTOM	Exceptions - patient needs to add a triage with GP first thing Monday to Friday. Use patient facing services to add your triage information for a telephone call back.	Examples of products available under Minor Ailments Scheme at your local Pharmacy free of charge.
Acne	<ul style="list-style-type: none"> • Pregnancy • Breastfeeding • Patients with severe acne, e.g. with significant inflammation or extensive pustules (pus-filled spots) or scarring. • Patient has taken oral medicine for acne previously • Acne is causing distress and not controlled by over the counter (OTC) treatment / There has been no improvement with topical treatment after 12 weeks of use 	<p>Benzoyl peroxide 5% gel (Acnecide®) > 12 years 30g</p> <p>Benzoyl peroxide 5% wash (Acnecide®) > 12 years 50g</p>
Athlete's Foot	<ul style="list-style-type: none"> • Pregnancy • Breastfeeding • Diabetes • Immunocompromised • <6 years • Symptoms lasting longer than 4 weeks • Symptoms spreading to other parts of the body including toenails • Treatment with over the counter (OTC) product and no improvement for more than 2 weeks • Recurrent symptoms 	<p>Clotrimazole 1% cream > 6 years 20g</p> <p>Miconazole 2% cream (Daktarin®) > 6 years 15g</p> <p>Terbinafine 1% gel (Lamasil AT®) > 16 years 15g</p>
Diarrhoea (Acute)	<ul style="list-style-type: none"> • Pregnancy • Diabetes • Babies < 3 months • Renal impairment, • IBD/ Crohns • Rheumatoid arthritis • Immunocompromised • If already taken treatment and diarrhoea still lasting longer ; <ul style="list-style-type: none"> ○ than 1 day in children under 1, ○ than 2 days in children under 3 and the elderly (>75years), 	<p>Loperamide 2mg capsules > 12 years 6, 12</p> <p>Oral rehydration sachets (Dioralyte®) > 3 months 6, 20</p> <p>Oral rehydration sachets (Dioralyte Relief®) > 3 months 6, 20</p>

	<ul style="list-style-type: none"> ○ than 3 days in older children/ adults • Presence of blood or mucous in stools • Severe abdominal pain • Repeated attacks • Bouts of diarrhoea alternating with constipation • Following recent travel 	
Ear Wax	<ul style="list-style-type: none"> • Perforated ear drum • Past history of ear surgery • Presence of foreign body in ear canal • Discharge due to infection • No improvement following use of OTC ear drops for one week 	<p>Olive Oil Ear Drops (DT) > 12 years 10ml</p> <p>Sodium Bicarbonate 5% Ear Drops (DT) > 12 years 10ml</p>
Groin Area Infection/ Jock Itch/Dhobie Itch	<ul style="list-style-type: none"> • Diabetes • Pregnancy • Breastfeeding • Immunocompromised • Lasting longer than 4 weeks • Suspected secondary bacterial infection • If penis or scrotum is involved in the rash • OTC treatment failure after 2 weeks of use. 	<p>Clotrimazole 1% cream > 16 years 20g</p> <p>Miconazole 2% cream (Daktarin®) > 16 years 15g</p> <p>Miconazole 2%, HC 1% cream (Daktacort HC®) > 16 years 15g</p> <p>Terbinafine 1% gel (Lamisil AT®) > 16 years 15g</p>
Haemorrhoids	<ul style="list-style-type: none"> • Children and young adults < 16 years • Pregnancy • Breast feeding • On the first presentation of symptoms provide treatments and refer patient to GP – no subsequent treatments should be provided without a GP diagnosis 	<p>Anusol® cream (GSL) > 16 years 23g</p> <p>Anusol® ointment (GSL) > 16 years 25g</p> <p>Anusol® suppositories 12</p>

	<ul style="list-style-type: none"> • A change in bowel habit • abdominal pain • rectal mucus • night-time diarrhoea for several nights • unexplained weight loss • rectal bleeding • diagnostic uncertainty (Must have been diagnosed with Haemorrhoids before) 	(GSL) > 16 years Anusol® Plus HC ® ointment (P) 15g > 18 years Anusol Plus HC ® suppositories (P) 12 > 18 years
Headlice	<ul style="list-style-type: none"> • Children under 6 months • Pubic lice • Treatment failure (live lice after the completion of two full courses of treatment). 	Bug Busting Kit (may be used for more than one family member to detect and treat head lice) 1 Dimeticone 4% lotion (Hedrin®) 50ml, 150ml > 6 months Malathion 0.5% aqueous liquid (Derbac M®) 50ml, 200ml > 6 months
Mouth Ulcers	<ul style="list-style-type: none"> • Mouth ulcer lasting more than 3 weeks • Pregnancy • First occurrence in patients over 30 • Heavy smoker, drinker, over 45 and male • Red & or white patches, painful, swollen and bleeding. 	Hydrocortisone 2.5mg muco-adhesive buccal tablets sugar free (DT) 20 > 12 years
Scabies	<ul style="list-style-type: none"> • Children < 2 years require treatment under medical supervision • Immunocompromised • Elderly patients > 65 years • If crusted scabies is suspected • Severe rash or secondary infection 	Permethrin 5% cream (Lyclear®) > 2 years 30g Malathion aqueous 0.5% (Derbac M®) 200ml

	<ul style="list-style-type: none"> • Patient is systemically unwell • Persistent nodular scabies • True treatment failure (after 2 different treatments) may be identified by the appearance of new burrows at any point after treatment, or very persistent symptoms (over six weeks) that are not due to other causes. 	liquid > 2 years
Threadworm	<ul style="list-style-type: none"> • Below 2 years of age • epilepsy &/or kidney disease • Pregnancy • Breastfeeding • suspected sec. bacterial infection • perianal eczema • recent travel abroad • Severe abdominal pain • repeated attacks • bouts of diarrhoea • suspected food poisoning • persisting after one full dose of treatment. 	Mebendazole 100mg 1 chewable tablets(Ovex®) > 2 years Mebendazole oral 30ml suspension 100mg/5ml (Ovex®) > 2 years
Oral Thrush	<ul style="list-style-type: none"> • Below 4 months of age • symptoms lasting longer than 3 weeks • unexplained weight loss • difficulty or pain on swallowing • no improvement following OTC treatment for one week • immunocompromised. 	Miconazole 20mg/g 15g Oromucosal gel sugar free (Daktarin®) > 4 months or > 5-6 months in preterm babies

Vaginal Thrush	<ul style="list-style-type: none"> • **Under 16 & over 60 years of age • **pregnancy or breastfeeding • **diabetes • Immunocompromised • suspicion of an STD/ smelling discharge • abdominal pain/ blood in discharge • ulcers or blisters on vagina • **2 or more episodes in the previous 6 months • treatment failure (7-14 days following treatment). 	<p>Clotrimazole 2% cream (Canesten Thrush Cream) 20g 16- 60years</p> <p>Clotrimazole 500mg pessary (Canesten®) 16 – 60 years 1</p> <p>Clotrimazole 10% vaginal cream (Canesten internal cream®) 5g 16 – 60 years</p> <p>Clotrimazole Combi (Canesten Combi®) 16 – 60 years 1 (contains Clotrimazole 500mg internal vaginal pessary & Clotrimazole 2% external cream)</p> <p>Clotrimazole Cream Combi (Canesten cream Combi®) 16 - 60 years 1 (contains Clotrimazole 10% internal vaginal cream & Clotrimazole 2% external cream)</p> <p>Fluconazole 150mg oral capsule 16 - 60 years 1</p>
Verruca	<ul style="list-style-type: none"> • Children < 2 years • Diabetes • Immunocompromised • Patients with impaired peripheral blood circulation • Diagnosis uncertain • Multiple persistent verrucae • Extensive affected areas eg: mosaic • Persistent and unresponsive to salicylic acid after 12 weeks treatment 	<p>Salicylic acid 12% / lactic acid 4% (Salatac® gel) 8g > 2 years</p> <p>Salicylic acid 16.7% / lactic acid 16.7% (Salactol® collodion paint) 10ml > 2 years</p> <p>Salicylic acid 26% (Occlusal® cutaneous solution) 10ml > 2 years</p>

